

Table 1. Demographic characteristics of the study population	
Age (years)	Mean (SD)
Male	55.2 (10.5)
Female	56.8 (11.2)
Marital status	
Married	68.5%
Single	31.5%
Education level	
High school or above	72.3%
Below high school	27.7%
Occupation	
White collar	45.6%
Blue collar	54.4%
Income (USD/month)	
< 1000	12.1%
1000-2000	35.4%
> 2000	52.5%
Health insurance	
Yes	89.7%
No	10.3%
Comorbidities	
Hypertension	38.2%
Diabetes	21.5%
Cholesterol	15.8%
Smoking status	
Current smoker	18.9%
Former smoker	22.3%
Non-smoker	58.8%
Alcohol consumption	
Regular	14.5%
Occasional	28.7%
Never	56.8%

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